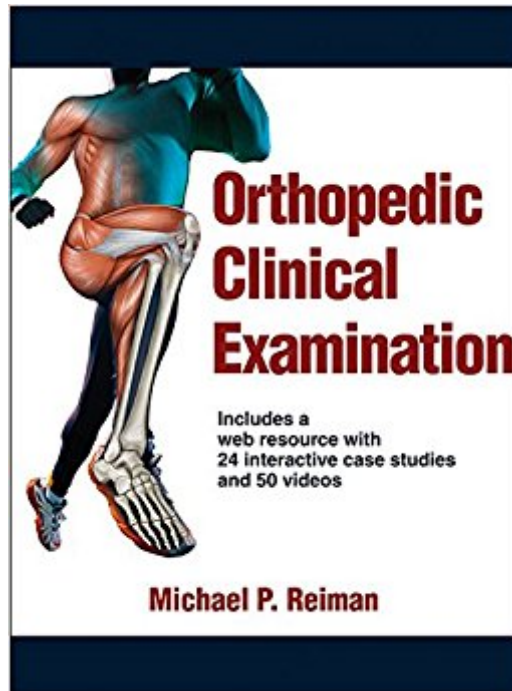




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# Orthopedic Clinical Examination With Web Resource



## Synopsis

Orthopedic Clinical Examination With Web Resource provides readers with fundamental knowledge for developing proficiency at performing systematic orthopedic evaluations. Michael P. Reiman, who is internationally respected for his teaching, clinical practice, and research focused on orthopedic assessment and treatment methods, presents an evidence-based guide on the examination process for various parts of the body. The text takes a structured approach, moving from broad to focused, that guides clinicians in examining each client and condition. The text presents specific components of the examination in the same sequence, ensuring repetition and improved consistency in learning. Screenings are used early in the examination sequence not only to determine the appropriateness of performing an orthopedic examination but also to rule out other potential pain generators and thereby narrow the focus of the examination. Orthopedic Clinical Examination emphasizes evidence-based practice and therefore focuses on tests that are clinically relevant, providing students and clinicians with the most appropriate testing options rather than listing tests with no regard for their clinical value. Both treatment-based and pathological-based diagnostic styles are covered in detail so that readers will gain a thorough understanding of both approaches and be able to implement them separately or in tandem. In addition to musculoskeletal testing, the text provides information on including subjective history, observation, diagnostic imaging, systems and neurological screening, and performance-based measures in each examination. The text is organized into five parts and is structured such that readers will first acquire requisite knowledge about anatomy and the examination process before advancing to acquiring specific examination skills. Part I presents information about the musculoskeletal and nervous systems as well as tissue behavior and healing. Part II introduces the principles of the examination sequence. Parts III and IV present the region-specific examination sequence for evaluating clients, including specifics on analyzing the head, spine, and extremities. Each chapter in these two parts covers the anatomy of the region, various types of injuries that occur, specific tests and measures that can be used, and cross-references to specific case studies for further review. Part V highlights additional considerations that may be necessary for special populations during the examination process. Orthopedic Clinical Examination includes learning tools that enhance comprehension and engagement:

- Full-color photographs and illustrations demonstrate anatomy, patient conditions, and clinician positioning to serve as a visual reference and ensure proper testing techniques.
- A library of 50 videos, found in the web resource, provides students with visual demonstrations of assessments and treatments.
- Color-coding graphics throughout chapters help readers quickly discern whether evidence supporting the reported finding is ideal, good, or less than good.
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Overviews of common orthopedic conditions for each body region are in the 12 applied chapters. • Twenty-four case studies guide users in the proper questions to ask and steps to take in conducting examinations. • Links to abstracts of articles provide additional clinical learning scenarios. With Orthopedic Clinical Examination, current and future clinicians will gain the knowledge and confidence they need in performing examinations to provide optimal patient care.

## Book Information

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## Customer Reviews

• This is an excellent, comprehensive, evidence-based, orthopedic musculoskeletal clinical examination book. It provides more depth and breadth than any current orthopedic clinical examination books and is well organized and easy to follow. The accompanying online videos are detailed and easy to follow. "The review of systems is very detailed and serves as a knowledge base for the rest of the book. The client interview and differential diagnosis sections are excellent. . . . The pictures and video demonstrations are well done and easy to understand and follow. "This is an excellent and detailed guide to the orthopedic clinical examination. It is well written and comprehensive. There are many other orthopedic examination books available, but the strength of this one is the detailed coverage of each topic. The supplemental web resources with case studies and videos make it unique.â • â "David M Nissenbaum, MPT, MA, LAT, OCS, PES (PRO Physical Therapy) Five Stars, Doody's Book Review

Michael P. Reiman, PT, DPT, OCS, SCS, ATC, FAAOMPT, CSCS, is an assistant professor of

physical therapy and the codirector of the orthopaedic manual therapy fellowship program at Duke University Medical Center. As a clinician, Reiman has more than 20 years of experience assessing, rehabilitating, and training athletes and clients. He has presented on orthopedic assessment and treatment methods at national and international conferences and actively participates in research regarding various testing methods for orthopedic examination and intervention and human performance. Reiman coauthored *Functional Testing in Human Performance* and has written 12 book chapters and more than 40 peer-reviewed articles. He currently serves on the editorial boards for multiple sport- and orthopedic-related journals. Reiman received his doctoral degree in physical therapy from MGH Institute of Health Professions and is currently pursuing his PhD. In addition to his certifications as an athletic trainer and strength and conditioning specialist, Reiman is a manual therapy fellow through the American Academy of Orthopedic and Manual Physical Therapists, a USA Weightlifting level 1 coach, and a USA Track and Field level 1 coach. He is also the chair of the Sports Section Hip Special Interest Group of the American Physical Therapy Association.

This is the first text book i've encountered to provides such in depth fundamental knowledge and a thorough evidenced-based examination. I especially like the special sections in the back focusing on specialized groups of patients. Future students are very lucky to have such an excellent resource.

EXCELLENT resource for DPT students! Best musculoskeletal text yet!!

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